



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

NATIONAL SENIOR CERTIFICATE

GRADE 12

DANCE STUDIES

NOVEMBER 2025

MARKS: 150

TIME: 3 hours

**This question paper consists of 12 pages.
This question paper must be printed in full colour.**

INSTRUCTIONS AND INFORMATION

1. This question paper consists of TWO sections with EIGHT questions in total.
2. SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE (60 marks)
 - Answer ALL FOUR questions in this section.SECTION B: DANCE HISTORY AND LITERACY (90 marks)
 - Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 5.4 and QUESTION 5.5. If you answer both questions, only the FIRST answer will be marked.

3. Number the answers correctly according to the numbering system used in this question paper.
4. Read each question carefully and take note of what is required.
5. Read the ACTION VERB in each question to see what is required.

ACTION VERBS USED IN THE QUESTIONS:

LOW-LEVEL QUESTIONS: choose, indicate, state, explain, write, provide, discuss

MEDIUM-LEVEL QUESTIONS: explain, substantiate, elaborate, reflect, discuss, describe, analyse, compile, write

HIGH-LEVEL QUESTIONS: give, identify, elaborate, discuss, explain, substantiate, evaluate, conceptualise, write

6. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
7. You will be assessed on your ability to:
 - Write in one language only
 - Organise and communicate information clearly
 - Use the specific format asked for in certain questions
 - Use specialist dance terminology, where appropriate
8. Write neatly and legibly.

SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE**QUESTION 1: INJURIES**

- 1.1 Give ONE word/term for EACH of the following descriptions by choosing a word/term from the list below. Write only the word/term next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK.

stress fracture; physiotherapy; compression; concrete floors; ligaments
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- 1.1.1 Ankle and leg injuries could be caused by dancing on ... (1)
- 1.1.2 Placing a bandage on an injured area is known as ... (1)
- 1.1.3 Tissue that connects bone to bone is called ... (1)
- 1.1.4 A hair-line crack in the bone is called a ... (1)
- 1.1.5 An example of a long-term treatment for an injury is ... (1)
- 1.2 Explain how applying the following dance technique(s) incorrectly could increase the risk of injury. Substantiate with examples.
- 1.2.1 Spotting (2)
- 1.2.2 Landings (2)
- 1.3 Give an opinion on whether you AGREE or DISAGREE with the online headline below. Substantiate with examples.

'Is good posture overrated?'

[Source: <https://www.theguardian.com/science/2023/aug/06/good-posture-back-pain-how-to-avoid>]

(6)
[15]

QUESTION 2: COMPONENTS OF FITNESS

- 2.1 Choose a description from COLUMN B that matches the term in COLUMN A. Write only the letter (A–D) next to the question numbers (2.1.1 to 2.1.4) in the ANSWER BOOK.

COLUMN A		COLUMN B
2.1.1	Neuromuscular skills	A the ability of the torso to maintain control and balance
2.1.2	Endurance	B the ability of the brain to send messages to the body instantly
2.1.3	Strength	C the ability of the body to perform for a long period of time
2.1.4	Core stability	D the ability of the body to exert force against gravity

(4 x 1) (4)

- 2.2 Explain how the following components of fitness are used to perform movement(s) in the dance class:

- 2.2.1 Strength (2)
- 2.2.2 Core stability (2)
- 2.2.3 Endurance (2)

2.3 Analyse the photograph below and answer the questions that follow.



[Source: <https://za.pinterest.com/pin/488640628325489858/>]

- 2.3.1 Identify THREE neuromuscular skills and elaborate on how they are being used in the photograph above. (3 x 2) (6)
- 2.3.2 Identify the challenges a dancer with limited flexibility could face when trying to perform the movement(s) in the photograph. (2)
- 2.3.3 Explain how the dancers could have developed flexibility to perform the movement(s) in the photograph. Substantiate with examples. (2)
- [20]**

QUESTION 3: GENERAL HEALTHCARE

- 3.1 Select FIVE factors stated in the poster below and elaborate on how EACH factor could affect your performance in the dance class.



[Source: <https://za.pinterest.com/pin/44121271345062844/>]

(5)

- 3.2 Discuss how the values and/or attitudes learnt in Dance Studies could help manage stress.

(5)
[10]

QUESTION 4: DANCE PERFORMANCE

- 4.1 Indicate whether the following statements are TRUE or FALSE. Write only 'true' or 'false' next to the question numbers (4.1.1 to 4.1.5) in the ANSWER BOOK.
- 4.1.1 Fluidity refers to the smooth transitions between movements. (1)
- 4.1.2 Projection refers to the confident presentation of movement. (1)
- 4.1.3 Dynamic variation refers to maintaining the same energy throughout a dance. (1)
- 4.1.4 Coordination refers to using one body part at a time. (1)
- 4.1.5 Accuracy refers to performing movements with attention to detail. (1)
- 4.2 Explain how the following music terms could influence movement(s):
- 4.2.1 Tempo (1)
- 4.2.2 Rhythm (1)
- 4.2.3 Phrasing (1)
- 4.2.4 Timbre (1)
- 4.3 Reflect on your Grade 12 solo performance and discuss how you used your body to communicate meaning. (6)
- [15]**

TOTAL SECTION A: 60

SECTION B: DANCE HISTORY AND LITERACY**QUESTION 5: IMPROVISATION AND CHOREOGRAPHY**

5.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–C) next to the question numbers (5.1.1 to 5.1.5) in the ANSWER BOOK.

5.1.1 The same movements repeated one after the other:

- A Asymmetry
- B Contact improvisation
- C Canon (1)

5.1.2 The highlight or memorable moment in a dance work:

- A Unison
- B Climax
- C Pattern (1)

5.1.3 Performing identical movements to create balance and harmony:

- A Symmetry
- B Stillness
- C Positive space (1)

5.1.4 Recurring movements that convey the theme of the dance work:

- A Direction
- B Negative space
- C Motif (1)

5.1.5 Shapes created by two or more bodies:

- A Interlocking forms
- B Repetition
- C Variation (1)

5.2 Describe FOUR ways in which a journal could assist you in your choreographic process. (4)

5.3 Analyse how the dance element *force* could be used to convey meaning. (3)

NOTE: You have a choice between QUESTION 5.4 and QUESTION 5.5.
Answer only ONE of these questions.

- 5.4 Explain the effect that technology could have on a choreography. Substantiate your answer. (5)

OR

- 5.5 Evaluate how live music and/or accompaniment could influence a dance performance. Substantiate your answer. (5)

NOTE: QUESTION 5.6 is COMPULSORY.

- 5.6 Conceptualise a choreography using the non-conventional space below as a stimulus.



[Source: <https://za.pinterest.com/pin/465630048993449586/>]

(8)
[25]

QUESTION 6: DANCE LITERACY

- 6.1 State FIVE functions of dance. (5)
- 6.2 Explain the benefits of EACH of the functions of dance stated in QUESTION 6.1. (5)
- 6.3 Compile detailed notes about your dance major under EACH of the headings below.
- Name your dance major.
- 6.3.1 Principles (5)
- 6.3.2 Characteristics (5)
- 6.4 Give your opinion on the influences that today's society has on cultural/indigenous dance. (5)
- [25]**

QUESTION 7: DANCE WORK

Choose ONE dance work that you have studied from the prescribed list below.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
Alvin Ailey	<i>Revelations</i>
Christopher Bruce	<i>Ghost Dances</i>
George Balanchine	<i>Apollo</i>
Martha Graham	<i>Lamentation</i>

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Alfred Hinkel	<i>Bolero OR Cargo</i>
Gregory Maqoma	<i>Four Seasons OR Skeleton Dry</i>
Hazel Acosta	<i>Blood Wedding</i>
Mavis Becker	<i>Flamenco de Africa</i>
Sylvia Glasser	<i>Tranceformations</i>
Veronica Paeper	<i>Orpheus in the Underworld</i>
Vincent Mantsoe	<i>Gula Matari</i>

Name the dance work you have chosen.

Write a review on the dance work and include the following:

- Synopsis/Theme/Intent
- Music and/or accompaniment
- Production elements
- Movement vocabulary
- Symbolism
- Relevance of the dance work

[25]

QUESTION 8: CHOREOGRAPHER

Choose ONE choreographer that you have studied from the prescribed list below.

SOUTH AFRICAN CHOREOGRAPHERS	INTERNATIONAL CHOREOGRAPHERS
Alfred Hinkel	Alvin Ailey
Gregory Maqoma	Christopher Bruce
Hazel Acosta	George Balanchine
Mavis Becker	Martha Graham
Sylvia Glasser	
Veronica Paeper	
Vincent Mantsoe	

Name the choreographer you have chosen and answer the questions that follow.

- 8.1 Provide SIX facts about the background of the choreographer. (6)
- 8.2 Discuss how the choreographer's influences shaped his/her professional career. (4)
- 8.3 Elaborate on the choreographer's choreographic characteristics/style. (2)
- 8.4 Discuss the choreographer's contribution to dance. (3)
- [15]**

TOTAL SECTION B: 90
GRAND TOTAL: 150